

## DESCRIPTIVE STUDY ON FAMILY BURDEN AMONG CAREGIVERS OF CHILDREN WITH AUTISM SPECTRUM DISORDER

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### ABSTRACT

A descriptive study was carried out to elicit the family burden among caregivers on caring the Autism spectrum disorder(ASD) children. A total of 30 subjects participated in this study. Both genders were included to evaluate the caregiver burden through burden interview and univocal variables were collected from participants. Descriptive and inferential statistical analysis was used. The results showed that 56.7% of caregivers had a family burden. The study concluded that caring for children with ASD quite challenging for the caregivers like other disorders.

**KEYWORDS:** Family Burden, Caregivers, Autism Spectrum Disorder